ARTIST / TWO ALBUM PROJECTS

LIFE-1

A DJ and producer with his finger on the pulse of the Bay Area for the last decade and a half, LIFE-1 is a student of street music, club music and life music. His album projects include Dub HZ and The Pressure Below.



Dub HZ

15 TRACKS / 69:15



The Pressure Below

10 TRACKS / 37:59

Artist biography, album information, complete track listings and cover artwork. Prepared for editorial, radio, booking and promotional use.

Dub HZ



An exploration into dubby low-end frequencies.

LIFE-1
15 tracks
Digital audio: WAV + MP3
Released November 24, 2026

TRACK LISTING

01	Love Is All I Bring	4:34
02	Sparks	4:35
03	Spliffs	4:35
04	Dub Knights	4:39
05	Sub Friends	4:38
06	Jungle Repo	4:39
07	Rumbleyard	4:38
08	Run You	4:39
09	Overdrive	4:39
10	Blackout	4:34
11	Gravemouth	4:39
12	Riftwork	4:42
13	Nullspace	4:35
14	Ozone	4:34
15	Breakwater	4:39

The Pressure Below



A collection of rare works from throughout the years, offering a compilation of the sounds you can expect from LIFE-1.

LIFE-1
10 tracks
Digital audio: WAV + MP3
Released November 24, 2026

TRACK LISTING

01	Midnight Signal	3:00
02	Ground Current	2:58
03	Pressure Below	2:45
04	Lightspeed Hypercar	4:01
05	Audio Prism	4:17
06	Sharp Dots	4:00
07	Orbital Bloom - Acid Edit	4:03
08	Tidal Relay	4:26
09	Glass Horizon	4:03
10	Velvet Dreams	4:26

All tracks written, produced and arranged by Life One.
Album cover photography by Lauren English.

Behind the name.

Anthony Auzenne records as LIFE-1. A DJ and producer with his finger on the pulse of the Bay Area for the last decade and a half, he is a student of street music, club music and life music.

J.Tonal and Life1 have been active in the San Francisco music scene for the last decade. With eagle eyes for the new and funky, these chicken hawks are known to be long in the foghorn leghorn.

His history includes The Flying Skulls, which he joined in 2014, and Signal Jocks. Dub HZ explores dubby low-end frequencies across 15 tracks. The Pressure Below collects 10 rare works from throughout the years, offering a compilation of the sounds to expect from LIFE-1.

BIOGRAPHICAL REFERENCES

Signal Jocks

https://signaljocks.com/

The Flying Skulls

https://theflyingskulls.com/

MEDIA ASSETS & CREDITS

Included: 3000 x 3000 RGB album covers, artist biography and both track listings. Artist-supplied portraits and live photography are included. Photo credits will be added when confirmed by the artist. Both albums are available on Bandcamp. Flying Skulls group history is included only where LIFE-1 is specifically documented; group-wide accolades are not presented as solo credits.

PHOTOGRAPHY / ARTIST-SUPPLIED

The live connection.









Artist-supplied images. Photographer credits pending confirmation. Additional images and the LIFE-1 logo are included in the Photography folder.